

INSTITUTE OF LAW AND RESEARCH, FARIDABAD
(Premier Law Institute with 18 years of Track Record)

**ADVISORY ON MEDICAL/EDUCATION HEALTH AND WELLNESS OF STUDENTS OF
INSTITUTE OF LAW AND RESEARCH FARIDABAD**

“STAY STRONG AND FIGHT OUTBREAK”

Dear students,

We have strived hard through our classes, examinations, debates in pursuit of excellence. But now, we have the biggest challenge for testing our inner strength for putting unflinching efforts. Covid-19 is affecting our health, wealth career etc not only in India but around the World. Hence, a new level of uncertainty and anxiety has emerged to our career paths, virtual classrooms, examination and forthcoming entrance examination and admissions. Therefore, we should not wait for answers about future but proceed further by taking care of ourselves at home, calling friends, teachers and nears and dears to stay connected. This is the high time to do something, which you would have not done in the past due to shortage of time.

The Institute considers our students the most valued, precious, brand ambassadors and most concerned members of the ILR Family. Hence, Institute has taken following few steps on the guidelines of the University, UGC, GOI, State Govt., Ministry of HRD and other government agencies for fighting with this outbreak. Institute stands with you and committed to provide quality and continued education for you career making.

- i) **E-CONTENT/STUDY MATERIAL:** All teachers have been asked to prepare e-content/study material of whole syllabus and deliver to the students. We have also created an exclusive email named esource.ilr@gmail.com for collection of e-content and other material being delivered to you by the teachers in their respective whatsapp groups. Our teachers are competent for preparing e-content and committed to provide you the best education. You may send your doubts and requirements to the concerned teacher OR at this email id, as every teacher is supposed to provide the material of the whole syllabus. If you have not received the whole material from any teacher, please intimate on the above said email id. You can truly and effectively win this challenge and give the befitting reply to this outbreak by getting 100% success in forthcoming examinations and future endeavors.

- ii) **DIGITAL TRANSFORMATION:** The survival mantra in this chaotic time for teachers as well students is only the **Digitalization**. The teachers have also been asked to take online classes through different online modes like ZOOM, Skype, Goggle classroom, Zoho meeting, Webex Meet, Microsoft teams etc. Students are requested to send their requirement for online classes clearly mentioning the subject, unit and title. Students should also surf the college website as the Institute team is continuously working on it for updating the important information from time to time.
- iii) **FREE ONLINE MATERIAL:** Sufficient online material is available which has already been intimated by your teachers in the respective whatsapp groups, being provided free of cost by UGC, AICTE and National digital Library, TCS iON Digital Class Room (learning.tcsionhub.in) etc. UGC have also **shared 10 links** by which students and learners can easily study.
- iv) **MEDICAL HEALTH & WELL BEING:** All the teacher mentors have been instructed to be in touch with you for monitoring your medical health and well being during this turbulent time. You can share any of your problem including study, health or any other directly to the Principal, teachers or the undersigned through phone, email or any other media. You should also download the **Arogya Setu App (GOI)** for taking care of yourself and can also take help from the AICTE website <https://helpline.acite-india.org> meant for this purpose.

Therefore, you are advised to strictly follow the guidelines and steps of government to fight with the pandemic. Just stay at home, be connected with teachers and reorient yourself to successfully trounce this problem. Hence, remember that even in this time of physical and social distancing, we are better together. Reach out to each other on social media and be connected and find ways to support your peers as we continue our journey to pursue excellence in education.

Yours well wisher

Dr. Ravi Handa
Director